

Recommendations for Supporting Care Transitions for People with Hip Fractures

A Concept Mapping Study

What did we do?

We recruited 35 participants: people with lived experiences of hip fractures, care partners, healthcare providers and decision-makers. We used a method called concept mapping where participants responded to the question:

What is needed to improve care transitions for hip fracture?

Key Action Items for Improvement

74 unique ideas were generated by participants, and then rated for 'importance' and 'priority' for improving care transitions for hip fractures. The following emerged as the most impactful action items:



Ensuring patients and caregivers are included in the decisions



Ensuring patients' and care partners' questions are answered



Increasing staffing so providers can spend more time with patients



Being compassionate while caring for patients



Having a care team that works well together



Having adequate pain management



Using clear and simple language to improve patient and caregiver understanding



Ensuring providers use the proper transferring techniques (e.g., sit to stand)



Having access to different healthcare providers (e.g., geriatricians, therapists)



Providing patients and care partners with ongoing communication throughout their care transitions



Having established partnerships between hospitals, rehabilitation facilities, and homecare services for consistent transitions

Study results can be found: Guilcher, S. J. T., et al., (2024). Identifying and prioritizing recommendations to optimize transitions across the care journey for hip fractures: Results from a mixed-methods concept mapping study. *PLoS one*, 19(8).

Acknowledgement: This study was funded by the Canadian Institutes for Health Research (grant #179845).

